

Crew Rest

GMT	Crew	Activity
10:00–10:10		Morning inspection
10:10–10:40		Post-sleep
10:40–11:30		BREAKFAST
11:30–12:00	FE-2	Biomass Production System (BPS): calibration / sample collection in plant growth chamber 2 (part 1)
12:15–12:30	CDR	RELAKSATSIA: Laptop 3 deconfig
12:15–12:35	FE-2	BPS: calibration / sample collection in plant growth chamber 2 (part 2)
12:30–13:10	CDR	Maintenance of ? ? ?
12:50–13:25	FE-2	BPS: calibration / sample collection in plant growth chamber 2 (part 3)
12:55–14:25	FE-1	Physical exercise (RED)
13:10–13:25	CDR	Private family conference (<i>S-band</i>)
13:25–14:25	FE-2	Physical exercise (CEVIS)
	CDR	Physical exercise (TVIS)
14:25–15:25		LUNCH
15:30–15:55	FE-2	Private psychological support conference (<i>S-band</i>)
15:55–16:20	FE-1	
16:20–16:35		Increment 4 payload status check (including 8? payloads)
16:25–17:45	FE-2	Physical exercise (RED)
16:45–18:15	CDR	Physical exercise (VELO+RED)
16:55–17:55	FE-1	Physical exercise (TVIS)
17:55–18:10		Private family conference (<i>S-band</i>)
18:15–18:45		Report prep
18:45–19:15		Daily plan review
19:15–19:30		Daily planning conference (<i>S-band</i>)
19:35–19:50	FE-2	Private family conference (<i>Ku+S-band</i>)
19:50–20:15		DINNER
19:30–20:00	CDR, FE-1	
20:00–20:25	CDR	Daily food prep
20:00–20:30	FE-1	
20:15–20:30	FE-2	
20:25–20:30	CDR	Calldown of ? ? counter data
20:30–20:35		Calldown of ? ? ? water supply data
20:30–21:30	FE-1, FE-2	Pre-sleep
20:35–21:30	CDR	
21:30–06:00		SLEEP

Notes: See OSTP for references to US activities

End of radiogram